

SEPTEMBER

Lunch

EMMONS SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX French Fries Orange Sorbat 100% Juice Ketchup BBQ Sauce Choice of Milk	*NATIONAL CHEESE PIZZA DAY! CHEESE PIZZA ^ Garden Vegetables Diced Pears Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun Whole Kernel Corn Fresh Fruit BBQ Sauce Choice of Milk	SPAGHETTI & MEATBALLS^ Green Beans Fresh Fruit Choice of Milk
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
CHICKEN DIPPERS W/SWEET POTATO PUFFS Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BAGEL DOG ^ Mixed Vegetables Blended Fruit Juice Mustard Ketchup Choice of Milk	SALISBURY STEAK W/GRAVY Sliced Bread ^ Mashed Potatoes Fresh Baby Carrots Light Ranch Dressing Mixed Fruit Cup Choice of Milk	Broccoli Florets CHEESE PIZZA ^ Light Ranch Dressing Fresh Fruit Choice of Milk	BBQ CHICKEN Hamburger Bun Whole Kernel Corn Fresh Fruit Choice of Milk
September 17, 2018	September 18, 2018	September 19, 2018	September 20, 2018	September 21, 2018
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Whole Kernel Corn Mixed Fruit Cup Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Golden Potato Rounds Orange Juice Syrup Ketchup Choice of Milk	PEPPERONI PIZZA ^ Romaine Salad Light Ranch Dressing Diced Peaches Choice of Milk	MACARONI & CHEESE Mixed Vegetables Fresh Fruit Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun Maple Baked Beans Green Pepper Slices Light Ranch Dressing Fresh Fruit Ketchup Mustard Choice of Milk
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
MEATLESS MONDAY** PIZZA DIPPERS Marinara Dipping Sauce Green Beans Applesauce Cup Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Pineapple Tidbits Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Chipotle Ranch French Fries Ketchup (2) Fresh Fruit Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Salad Fresh Baby Carrots Light Ranch Dressing Orange Juice Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Whole Kernel Corn Fresh Fruit Mustard Ketchup (2) Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Visit Us: preferredmeals.com