



## EMMONS SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<b>October 1, 2018</b>	<b>October 2, 2018</b>	<b>October 3, 2018</b>	<b>October 4, 2018</b>	<b>October 5, 2018</b>
CHICKEN NUGGETS WITH POTATO ROUNDS ^ Green Beans Diced Peaches Ketchup BBQ Sauce Choice of Milk	PEPPERONI PIZZA ^ Mixed Vegetables Diced Peaches Raspberry Cookies ^ Choice of Milk	*NATIONAL TACO DAY! TACO SCOOPS Shredded Cheddar Cheese Tortilla Chips ^ Corn Blended Fruit Juice Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Maple Baked Beans Fresh Fruit Mustard Ketchup (2) Choice of Milk	
<b>October 8, 2018</b>	<b>October 9, 2018</b>	<b>October 10, 2018</b>	<b>October 11, 2018</b>	<b>October 12, 2018</b>
	CHEESE PIZZA ^ Green Beans Mixed Fruit Cup Choice of Milk	*WRAP IT UP* BREADED CHICKEN STRIPS ^ Soft Tortilla (2) Shredded Lettuce Cucumber Coins BBQ Sauce Light Mayonnaise Fresh Fruit Choice of Milk	CHILI French Fries Corn Muffin ^ Orange Juice Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Maple Baked Beans Broccoli Florets Fat Free Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk
<b>October 15, 2018</b>	<b>October 16, 2018</b>	<b>October 17, 2018</b>	<b>October 18, 2018</b>	<b>October 19, 2018</b>
*LOVE YOUR CORN DOG* CORN DOG ON A STICK Golden Potato Rounds Pineapple Tidbits Mustard Ketchup (2) Choice of Milk	*LOVE YOUR BRUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Tropical Veggie Juice Diced Peaches Syrup Choice of Milk	*LOVE YOUR VEG STICKS* CHEESE PIZZA ^ Crunchy Celery Sticks Carrot Sticks Fat Free Ranch Dressing Blended Fruit Juice Choice of Milk	*LOVE YOUR FALL HARVEST* POPCORN CHICKEN Romaine Salad Cucumber Coins Honey Mustard Cup Fresh Fruit Pumpkin Chocolate Chip Mini Loaf ^ Choice of Milk	*LOVE YOUR BBQ* BBQ CHICKEN Hamburger Bun Corn Cobette Maple Baked Beans Fresh Fruit Choice of Milk
<b>October 22, 2018</b>	<b>October 23, 2018</b>	<b>October 24, 2018</b>	<b>October 25, 2018</b>	<b>October 26, 2018</b>
MEATLESS MONDAY** PIZZA DIPPERS Marinara Dipping Sauce Mixed Vegetables Mixed Fruit Cup Choice of Milk	CHICKEN QUESO BURRITO ^ Salsa Cup Refried Beans Pineapple Tidbits Choice of Milk	RANCH TURKEY BURGER Hamburger Bun French Fries Pickle Chips Grape Juice Ketchup (2) Light Ranch Dressing Choice of Milk	CHICKEN NUGGETS ^ Corn Crunchy Celery Sticks Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk	ROTINI BAKE ^ Romaine Salad Light Ranch Dressing Fresh Fruit Choice of Milk
<b>October 29, 2018</b>	<b>October 30, 2018</b>	<b>October 31, 2018</b>	<b>November 1, 2018</b>	<b>November 2, 2018</b>
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Green Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BAGEL DOG ^ Pickle Chips Maple Baked Beans Blended Fruit Juice Mustard Ketchup Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Whole Kernel Corn Diced Peaches Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

