



EMMONS SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
			MAC & CHEESE ^ Country Blend Vegetables Fresh Fruit Choice of Milk	*NEW ITEM* ITALIAN CHICKEN PARMESAN ^ Hamburger Bun ^ Broccoli Fresh Baby Carrots Light Ranch Dressing Fresh Fruit Choice of Milk
November 5, 2018	November 6, 2018	November 7, 2018	November 8, 2018	November 9, 2018
CHEESE PIZZA ^ Mixed Vegetables Grape Juice Choice of Milk	CHILI Corn Muffin ^ French Fries Diced Peaches Ketchup Choice of Milk	CHICKEN TENDERS WITH POTATO WEDGES ^ Maple Baked Beans Fresh Fruit BBQ Sauce Ketchup Choice of Milk	SALISBURY STEAK W/GRAVY Sliced Bread ^ Mashed Potatoes Fresh Baby Carrots Light Ranch Dressing Mixed Fruit Cup Choice of Milk	NO SCHOOL
November 12, 2018	November 13, 2018	November 14, 2018	November 15, 2018	November 16, 2018
BAGEL DOG ^ Mixed Vegetables Applesauce Cup Ketchup Mustard Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Mixed Fruit Cup Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Fresh Baby Carrots Light Ranch Dressing Blended Fruit Juice Choice of Milk	HOLIDAY MEAL** TURKEY W/STUFFING GRAVY SWEET POTATOES ^ Corn Fresh Fruit Chocolate Cookie ^ Choice of Milk	POPCORN CHICKEN ^ Romaine Salad Cucumber Coins Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk
November 19, 2018	November 20, 2018	November 21, 2018	November 22, 2018	November 23, 2018
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 26, 2018	November 27, 2018	November 28, 2018	November 29, 2018	November 30, 2018
Green Beans Mixed Fruit Cup Choice of Milk SPAGHETTI & MEATBALLS^ Corn Muffin ^	CHICKEN NUGGETS WITH POTATO ROUNDS ^ Mixed Vegetables Blended Fruit Juice BBQ Sauce Ketchup Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Romaine Salad Light Ranch Dressing Diced Pears Choice of Milk	CHICKEN TACO Tortilla Chips ^ Corn Fresh Fruit Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Fresh Fruit Mustard Ketchup Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

